



RETREAT "ENJOY THE JOURNEY"



WHEN? MAY 24TH-28TH 2024

WHERE? EL PALMAR, CÁDIZ, ANDALUSIA, SPAIN

HOW? ALONE, IN COUPLE, WITH FRIENDS, FAMILY...

A WONDERFUL PLACE, JUST A FEW METERS FROM THE SEA.



FROM FRIDAY EVENING UNTIL TUESDAY MORNING



INCLUDED:

YIN YOGA, VINYASA FLOW, ACCOMMODATION, HALF BOARD (BREAKFAST AND DINNER), VEGETARIAN, ORGANIC AND LOCAL FOOD, SWIMMING POOL, WORKSHOPS, WELCOME CIRCLE AND CLOSING PARTY.



NOT INCLUDED:

SURFING, TRANSFERS, HORSE RIDING, MESSAGES...



ACCOMMODATION:



BUXA XL DUPLEX:





The bathrooms are shared and outside.



PRICES:

1 pax: 595€/ £ 510

2 pax 495€/ £ 425 (each person)

3 pax 395€/ £ 365 (each person)

4 pax 385€/ £ 330 (each person)

TINY COLORS:







The bathrooms are shared and outside



PRICES:

1 pax: 595€/ £ 510

2 pax 495€/ £ 425 (each person)

3 pax 395€/ £ 365 (each person)

4 pax 385€/ £ 330 (each person)

REFUGIOS:





The bungalow features heating, as well as a private bathroom boasting a shower.





PRICES:

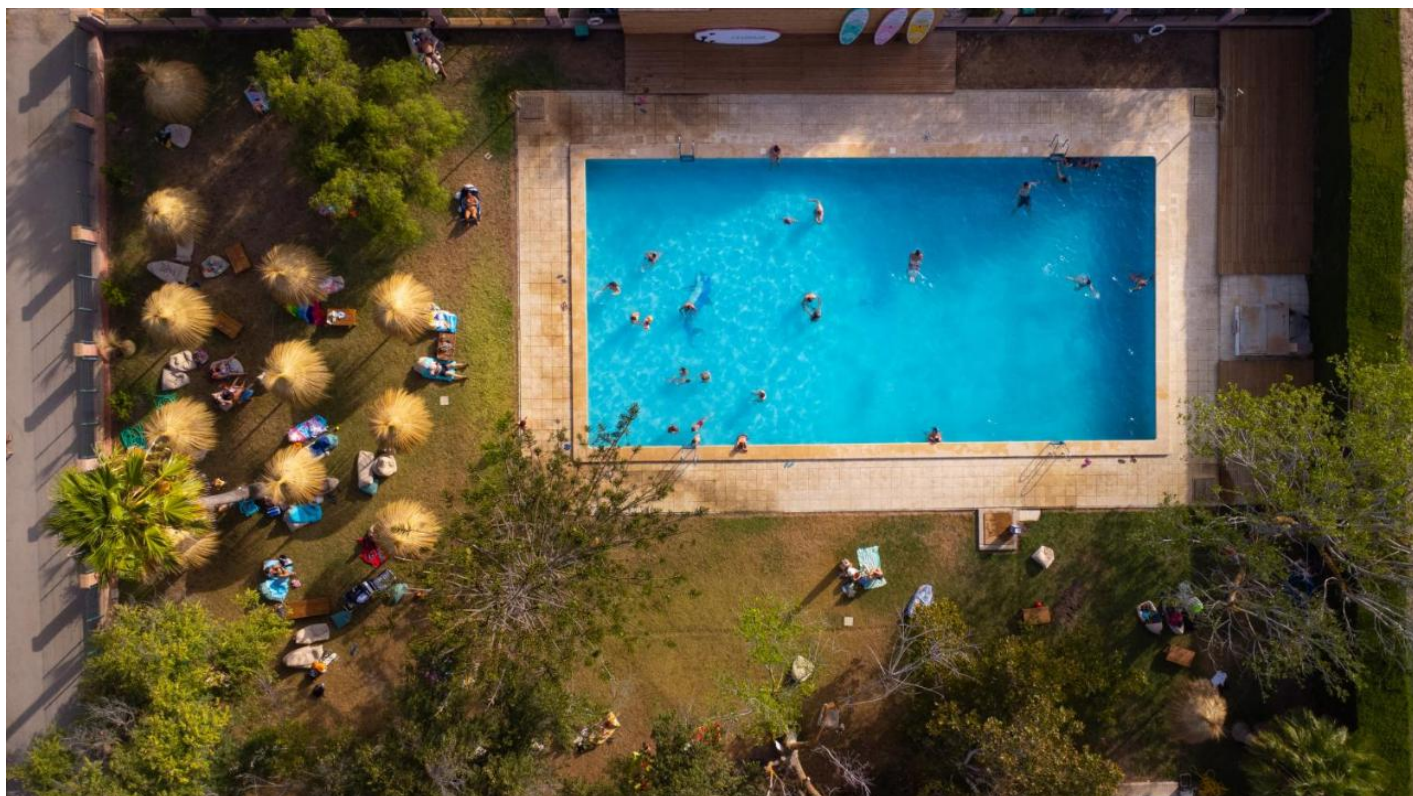
1 pax 630€ / £ 540

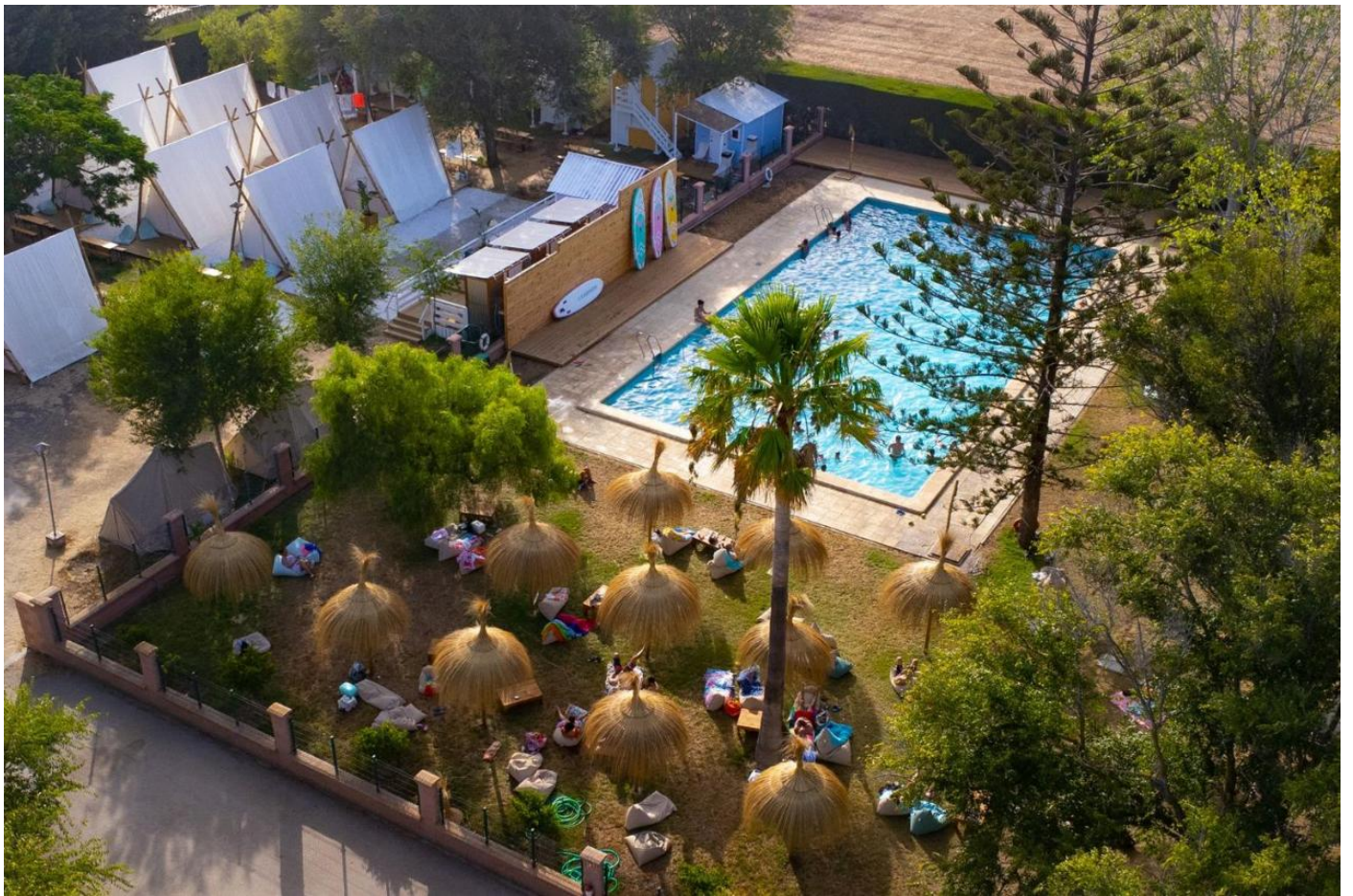
2 pax 575€ / £ 490 (each person)

3 pax 500€/ £ 425 (each person)

4 pax 425€/ £ 365 (each person)

SWIMMING POOL:





RESTAURANT:





SOUL FOOD:

IS HALF BOARD AND BUFFET. BREAKFAST AND DINNER. VEGETARIAN, ORGANIC AND LOCAL FOOD. VARIED MENU WITH HOT AND COLD, HARMONIZING OUR SENSES WITH FRESH PRODUCTS AND KM 0.

FRUIT, WATER AND INFUSIONS WILL BE AVAILABLE DURING THE PRACTICES.







**VINYASA YOGA, YIN YOGA, WORKSHOPS, ORGANIC
MOVEMENT, ARMS BALANCE, BEACH, NATURE, SUN AND
SO MUCH LOVE.**

MORE INFO:

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